



HR & Benefits Resources Series

The Consultant Selection Workbook

05

A working tool for evaluating employee benefits consultants and brokers on the same criteria, comparing candidates side by side, and keeping a record of how the decision was made

Why this matters

Benefits are most companies' second largest expense after payroll, and most group health plans are governed by ERISA, which expects employers to choose plan service providers prudently. A completed copy of this workbook, kept in your plan files, is the record that the choice was deliberate.

Plan Name:

Date:

Completed by:

Before You Interview Anyone

Write down what you need before any firm tells you what it sells. Complete this page first and use it to judge every proposal against your needs rather than against the other proposals.

Our plan and priorities	
Number of employees enrolled / eligible	
Current carrier(s) and funding type (fully insured, level-funded, self-funded)	
Renewal date	
Last renewal increase (%)	
Current firm and how long we have used them	
What we pay the current firm, if known (commission, fee, unknown)	
Top three problems we want solved	
Services we need year-round (enrollment, employee claims help, compliance support, other)	

Candidate Comparison Worksheet

Write the facts in each box, then score each row 1 to 5 using the guide below. Total the columns before you discuss impressions. Capture specifics: names, numbers, and dates.

Scoring guide: rate every row on the same scale

5 · Verified	Shown in writing or confirmed by a reference, not just claimed.
4 · Strong	Clear, specific answer with names and numbers.
3 · Adequate	Answered, but general.
2 · Weak	Vague, inconsistent, or needed prompting.
1 · Missing	No real answer or declined to answer.

Compare up to three firms on identical criteria

Criterion	Firm A	Firm B	Firm C
Services included in the base engagement			
Compensation model (commission, fee, mix) and estimated annual dollars			
Written compensation disclosure provided? (Y/N, date)			
Named account team and client load per person			
Carriers and funding types quoted at a recent renewal			
Compliance support described (ACA, COBRA, ERISA notices)			
Employee-facing support (enrollment, claims help)			
References from employers our size (names, dates called)			
Total score (add the eight rows above, 40 maximum)			

The Scenario Questions

Ask each firm the same scenarios and write the answers down while they talk. Vague answers are answers.

“Our renewal comes in 15 percent higher than expected. Walk us through your next 30 days.”

Listen for: audit the increase, pull claims data, push the carrier, shop the market in parallel.

“An employee’s claim is denied during open enrollment. Who fixes it, and how fast?”

Listen for: a named person, a response time, an escalation path.

“We get a benefits inquiry from the Department of Labor. What do you hand us?”

Listen for: the plan records the firm helps you keep, including the annual gag clause attestation.

“Do you receive any compensation from the carriers or vendors you recommend to us?”

Listen for: a plain answer, offered in writing.

“Who works on our account day to day, and how many clients does each of them carry?”

Listen for: real names, real numbers.

Compensation Disclosure Checklist

Firms providing brokerage or consulting services to an ERISA group health plan and reasonably expecting \$1,000 or more must disclose their compensation in writing before the contract is signed, extended, or renewed (ERISA Section 408(b)(2), added by the Consolidated Appropriations Act of 2021). Use this checklist for each firm, including your current one at renewal.

Complete one column per firm			
Item	Firm A	Firm B	Firm C
Written disclosure received before signing or renewal			
Describe the services to be provided			
States direct compensation (fees billed to us or the plan)			
States indirect compensation (commissions, bonuses, overrides)			
We reviewed it and judged the compensation reasonable for the services			
Date reviewed and by whom			
Copy filed with our plan records			

Decision Record

Complete this page when the decision is made and keep the whole workbook with your plan records.

The decision	
Firm selected	
Date of decision	
Who participated in the decision	
The three main reasons for the choice	
Firms considered and not selected	
Compensation agreed (model and estimated annual dollars)	
Next scheduled re-evaluation date	

About First Hill Trust

First Hill Trust delivers a comprehensive employee benefits back office for plan sponsors who want clearer accountability, stronger governance, and fewer operational handoffs. Our work is grounded in helping sponsors understand and strengthen the oversight of their plan. We focus on clarifying where responsibility sits, how decisions are executed, and how oversight functions in practice, not just on paper

We work behind the scenes to support plans that value clarity, consistency, and confidence in how they are managed. If you'd like more information or a high-level review of how your retirement plan is governed today, click the link to schedule a brief review, or contact us (206)-625-1800.



[Schedule a Brief Review](#)

Important Disclosures

Educational purpose only. Provided by First Hill Trust Company for general informational and educational purposes only. It is not legal, tax, accounting, investment, or fiduciary advice, does not constitute a recommendation regarding any plan, investment, strategy, or course of action, and does not consider any recipient's specific circumstances. Consult your own qualified advisors before acting.

No offer, agreement, or commitment. Nothing in this material constitutes an offer, solicitation, agreement, or commitment to provide any particular service or to assume any particular responsibility. Descriptions of what a trustee, administrator, adviser, committee, employer, or other party "may" or "can" do are illustrative of how such arrangements commonly work and do not describe the terms of any specific engagement. The actual services provided, the allocation of responsibilities, the scope of any delegation, and the duties of any party are governed solely by the applicable plan documents, trust agreement, advisory agreement, and written service agreements. In the event of any inconsistency, those documents control.

Services and regulatory status. First Hill Trust Company and its affiliates offer retirement plan services, recordkeeping and administrative services, trust and fiduciary services, investment advisory services, and group benefits services, in each case subject to applicable regulatory requirements and the terms of the relevant agreements. Not all services are offered to all clients, in all states, or in all circumstances. Investment advisory services are offered through an affiliated investment adviser; a copy of its Form ADV Part 2A is available upon request. Insurance and group benefits products are offered through appropriately licensed entities. The availability and scope of any service depend on eligibility and the applicable agreements.

Fiduciary status under ERISA. Fiduciary status under the Employee Retirement Income Security Act of 1974, as amended ("ERISA"), is determined based on the functions performed and the authority exercised, not on titles or labels. Whether any particular party is acting as a fiduciary, and the scope of any related duties or potential liability, depends on the facts and circumstances specific to the plan and the relationship. Engaging a trustee, adviser, or other service provider does not eliminate a plan sponsor's or committee's own fiduciary responsibilities, including the duties to prudently select and monitor any party to whom responsibilities are delegated.

Affiliated entities and conflicts of interest. First Hill Trust Company is affiliated with other entities, including an affiliated investment adviser and entities providing administrative, trust, or other services. These relationships may create conflicts of interest, including where an affiliate is engaged or compensated in connection with a plan. Such conflicts and compensation are described in the applicable service agreements and the affiliated adviser's Form ADV Part 2A; fiduciaries should consider them when evaluating any engagement.

Statutory and regulatory references. References to ERISA, the Internal Revenue Code, and related statutory or regulatory provisions are general summaries only. They are not a substitute for review of the actual statutory text, regulations, or guidance from the Department of Labor, Internal Revenue Service, or other relevant authorities, and they do not address how those provisions may apply to any particular plan, sponsor, fiduciary, or individual. Laws, regulations, and guidance are subject to change and to interpretation by the relevant agencies and courts. Examples, categories, and situations described are simplified for illustration and may not reflect the requirements or circumstances of any particular plan or person.

No guarantee of results; investment risk. References to governance, fiduciary practices, risk reduction, or outcomes describe common industry approaches and potential benefits, not promises or guarantees of any result, of compliance, or of protection from liability, loss, or claims. All investing involves risk, including possible loss of principal; diversification does not ensure a profit or protect against loss. Past performance does not guarantee future results.

For more information, contact First Hill Trust Company at (206) 625-1800 or visit firsthilltrust.com.